

# **ESSENCE – A DoD Health Indicator Surveillance System**

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Public Health Tracking Conference

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# What is ESSENCE?

**E**lectronic  
**S**urveillance  
**S**ystem for the  
**E**arly  
**N**otification of  
**C**ommunity-based  
**E**pidemics



# Need for Improved Surveillance

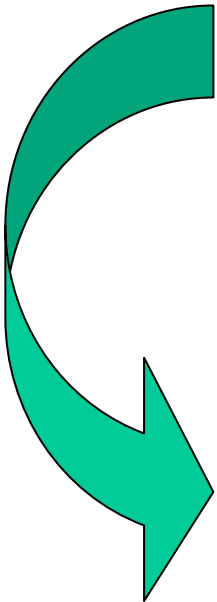
- **Current systems**
  - Often depend on laboratory confirmation
  - Rely on passive participation
  - Are not automated
- **New “health indicator” / “syndromic” surveillance**
  - Rapid, automated systems based on syndromes
  - Non-traditional data sources
    - ICD9 codes, pharmaceutical sales, ER chief complaints
  - May provide earlier indication of outbreaks
  - Quickly provide necessary demographic information



# Multiple methods of disease detection

- Traditional reportable disease surveillance
- Sentinel surveillance
- Astute clinicians
- Syndromic surveillance

**A “system of systems”**



# Presentation outline

1. Identify near real time data
2. Symptom definitions
3. Data display
4. Identify abnormal trends
5. Privacy protection
6. Evaluation



# 1. Choosing near real time data

- Is the source already collected for another purpose?
- Is the source electronic?
- Is the source reliable?
- How long does it take ?



# ESSENCE incorporates ADM encounter information

- One entry per patient encounter
- Diagnoses
- Disposition
- Procedures
- Patient demographics
- Clinic demographics

AMBULATORY ENCOUNTER SUMMARY			
ICD-9-CM DIAGNOSES			
001.0	HYPEREMESIS	582.0	1st TRIM
001.0	ALCOHOLISM	582.0	2nd TRIM
001.0	ALLERGIC REACTION	582.0	3rd TRIM
001.0	ANEMIA	582.0	4th TRIM
001.0	ARTERIOVENOUS	582.0	5th TRIM
001.0	ATROPHY	582.0	6th TRIM
001.0	BRONCHITIS	582.0	7th TRIM
001.0	BRONCHOPULMONARY	582.0	8th TRIM
001.0	BRONCHOPULMONARY	582.0	9th TRIM
001.0	BRONCHOPULMONARY	582.0	10th TRIM
001.0	BRONCHOPULMONARY	582.0	11th TRIM
001.0	BRONCHOPULMONARY	582.0	12th TRIM
001.0	BRONCHOPULMONARY	582.0	13th TRIM
001.0	BRONCHOPULMONARY	582.0	14th TRIM
001.0	BRONCHOPULMONARY	582.0	15th TRIM
001.0	BRONCHOPULMONARY	582.0	16th TRIM
001.0	BRONCHOPULMONARY	582.0	17th TRIM
001.0	BRONCHOPULMONARY	582.0	18th TRIM
001.0	BRONCHOPULMONARY	582.0	19th TRIM
001.0	BRONCHOPULMONARY	582.0	20th TRIM
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001.0	BRONCHOPULMONARY	582.0	96th TRIM
001.0	BRONCHOPULMONARY	582.0	97th TRIM
001.0	BRONCHOPULMONARY	582.0	98th TRIM
001.0	BRONCHOPULMONARY	582.0	99th TRIM
001.0	BRONCHOPULMONARY	582.0	100th TRIM









# ESSENCE Coverage

- December 1999

National Capital Area (NCA)

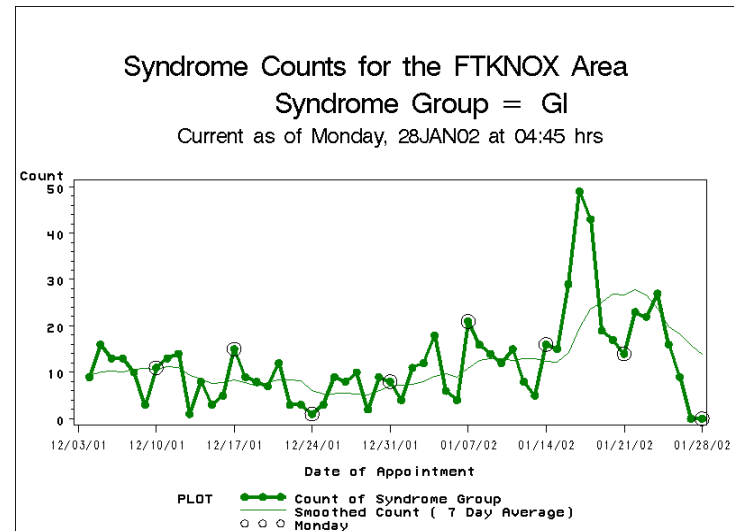
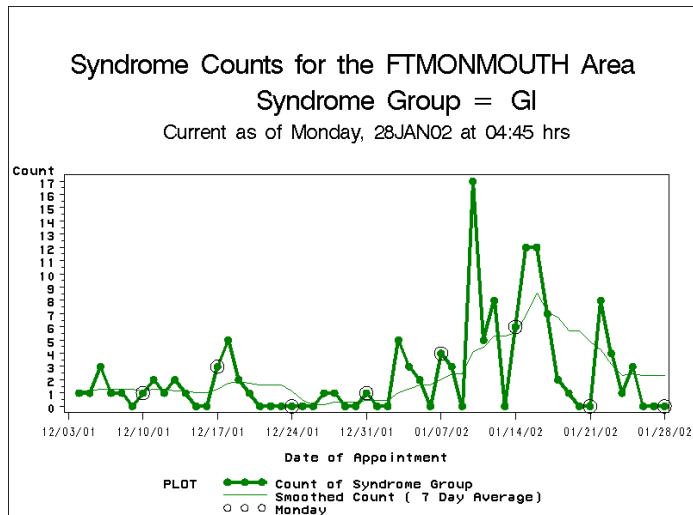
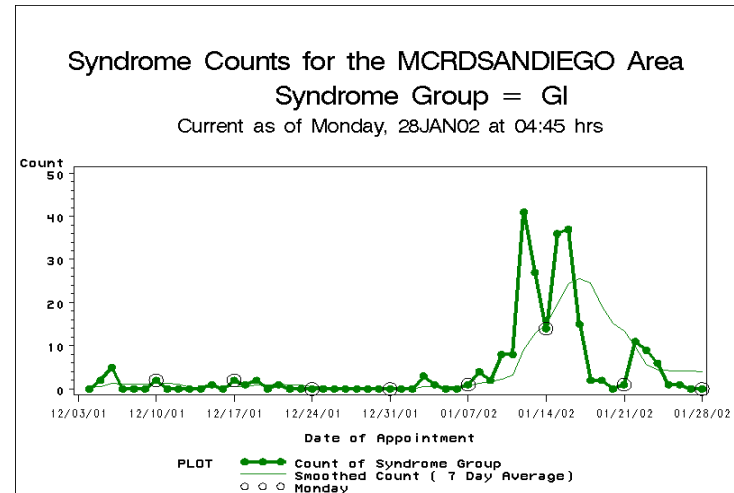
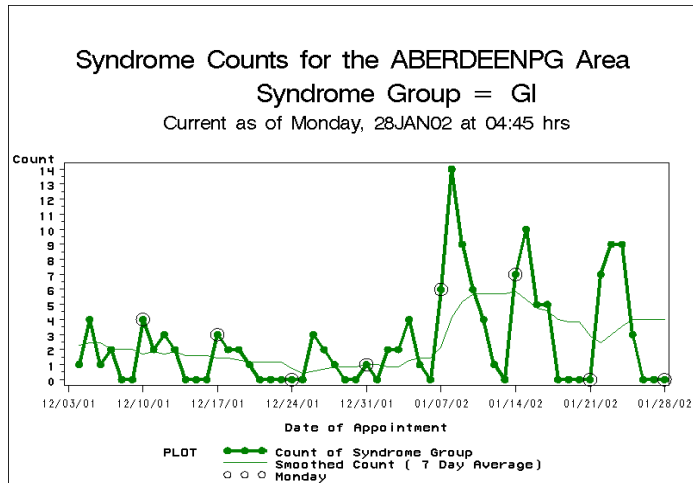
- September 2001 to present

All fixed MTFs world-wide including:

- 121 Army, 110 Navy, 80 AF and 2 CG installations
- grouped into 179 geographic clusters



# Expanded geographic coverage allowed detection of concurrent outbreaks



## 2. Syndrome definition

### Problem

- Would like to identify outbreaks faster than traditional methods
- Lack of universally applied syndrome definitions or code groups



# Participating Agencies

- National Center for Infectious Diseases and Epidemiology Program Office, Centers for Disease Control and Prevention, Atlanta, Georgia
- Division of Preventive Medicine, Walter Reed Army Institute of Research (WRAIR), Silver Spring, Maryland
- Emergency Medical Associates of New Jersey Research Foundation, Livingston, New Jersey
- Bureau of Epidemiology Services, New York City Department of Health and Mental Hygiene, New York City, New York
- Harvard Medical School and Harvard Pilgrim Health Care, Boston, Massachusetts



# Objectives

- Determine appropriate syndromic groups for infectious disease surveillance and for surveillance of agents of bioterrorism.
- Review and compare different sources of medical data to best develop ICD-9-CM code groups applicable to multiple users.



# Which ICD9 Codes Should We Map to Syndrome Groups?

- Clinical decision
  - What are the diseases we are trying to detect?
    - Define the syndromes
  - What diagnoses fit under this syndrome definition?
- Trend analysis
  - How frequently are candidate codes used?
  - Is there an expected trend for the syndrome?
  - Is there a “gold standard” for comparing the trend?
    - How well do other ICD9s correlate with the gold standard?
    - Do any ICD9s show the same peak/trend earlier?



# Which Syndrome Groups Should We Choose?

Botulism	→	Botulism-like
VHF	→	Hemorrhagic Illness
Plague (Bubonic)	→	Lymphadenitis
Anthrax (cutaneous), Tularemia		Localized Cutaneous Lesion
Anthrax (gastrointestinal)	→	Gastrointestinal
Anthrax (inhalational), Tularemia	→	Respiratory
Plague (pneumonic)	→	
Small Pox	→	Rash



# Syndrome Groups Selected by Consensus

- Botulism-like
- Hemorrhagic Illness
- Lymphadenitis
- Localized Cutaneous Lesion
- Gastrointestinal
- Respiratory
- Rash
- Neurological
- Specific Infection
- Fever
- Severe illness or death potentially due to infectious disease







# Customize Syndrome Groups

## Standard Set

- Botulism-like
- Hemorrhagic Illness
- Lymphadenitis
- Localized Cutaneous Lesion
- Gastrointestinal
- Respiratory
- Rash
- Specific Infection
- Fever
- Neurological
- Severe Illness or Death  
Potentially Due to  
Infectious Disease

## WRAIR Set

- ➡ Botulism-like
- ➡ Hemorrhagic Illness
- ➡ Gastrointestinal
- ➡ Respiratory
- ➡ Rash
- ➡ Fever
- ➡ Neurological
- ➡ Shock/Coma

# Syndrome Definition- Respiratory Example

Syndrome	Definition	Cat A Agent
Respiratory	<p><b>ACUTE</b> infection of the upper and/ or lower respiratory tract (from the oropharynx to the lungs, includes otitis media)</p> <p><b>SPECIFIC</b> diagnosis of acute respiratory tract infection (RTI) such as pneumonia due to parainfluenza virus</p> <p><b>ACUTE</b> non-specific diagnosis of RTI such as sinusitis, pharyngitis, laryngitis</p> <p><b>ACUTE</b> non-specific symptoms of RTI such as cough, stridor, shortness of breath, throat pain</p> <p><b>EXCLUDES</b> chronic conditions such as chronic bronchitis, asthma without acute exacerbation, chronic sinusitis, allergic conditions (Note: <b>INCLUDE</b> <i>acute exacerbation</i> of chronic illnesses.)</p>	<p>Anthrax - inhalation</p> <p>Tularemia</p> <p>Plague - pneumonic</p>



# Trend Analysis

- Is there an expected trend for the syndrome?
- Is there a “gold standard” for comparing the trend?
  - How well do other ICD9s correlate with the gold standard?
  - Do any ICD9s show the same peak/trend earlier?



# One Approach

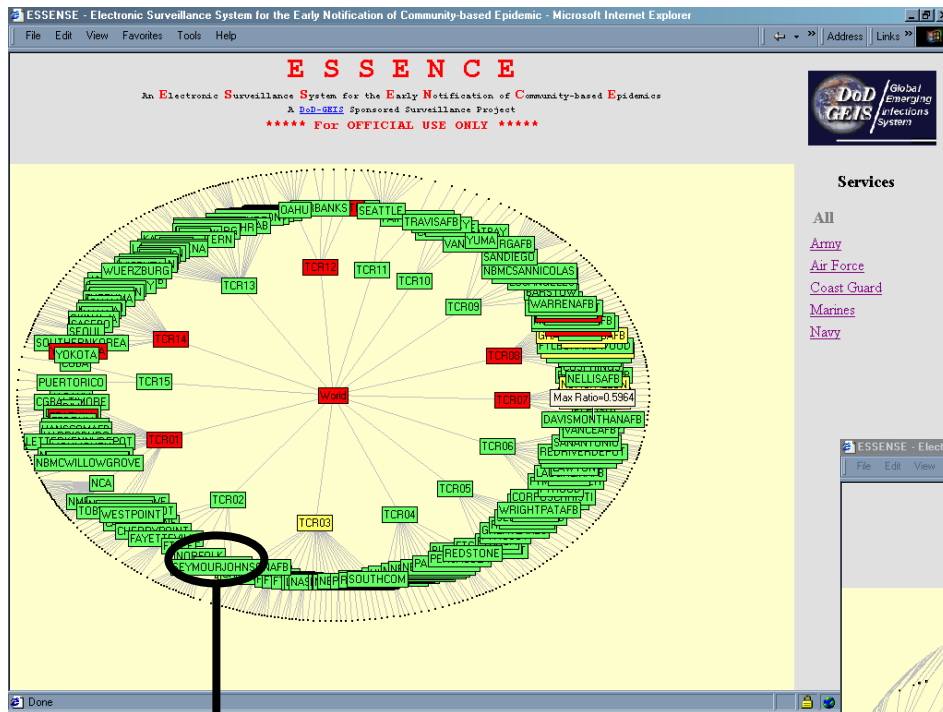
1. Begin with a larger set of potential ICD9s identified clinically
2. Select those with counts > 10 per day
3. Daily and Weekly analyses
  - a) Correlation matrix/ Lagged Correlation
  - b) Factor analysis
  - c) Regression
  - d) Signal-Noise
  - e) Testing sensitivity/ timeliness for known outbreaks



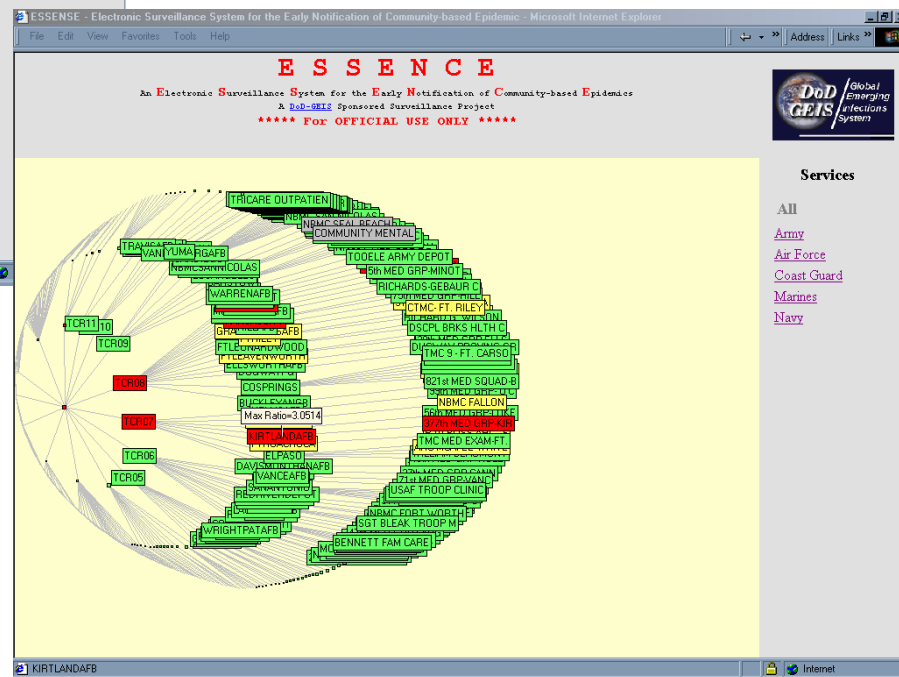
### 3. Data display

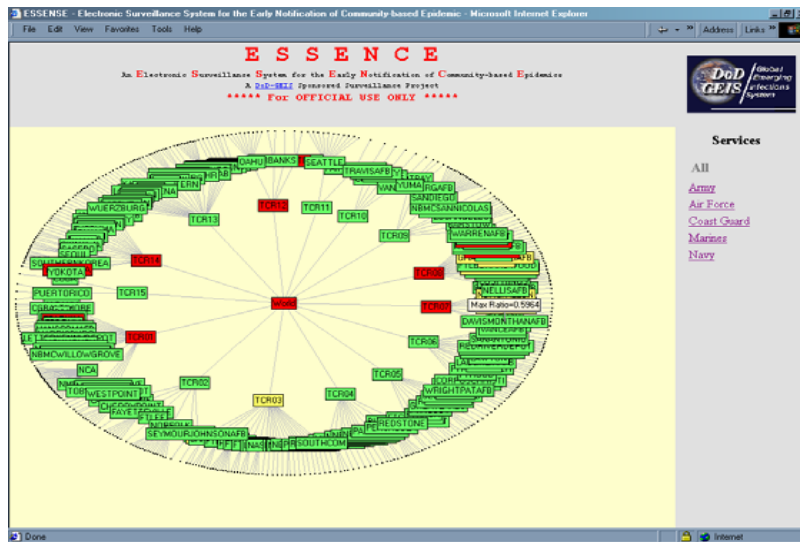
- Web-based
- Interactive or static screens
- Software or “home grown” programs
- System maintenance



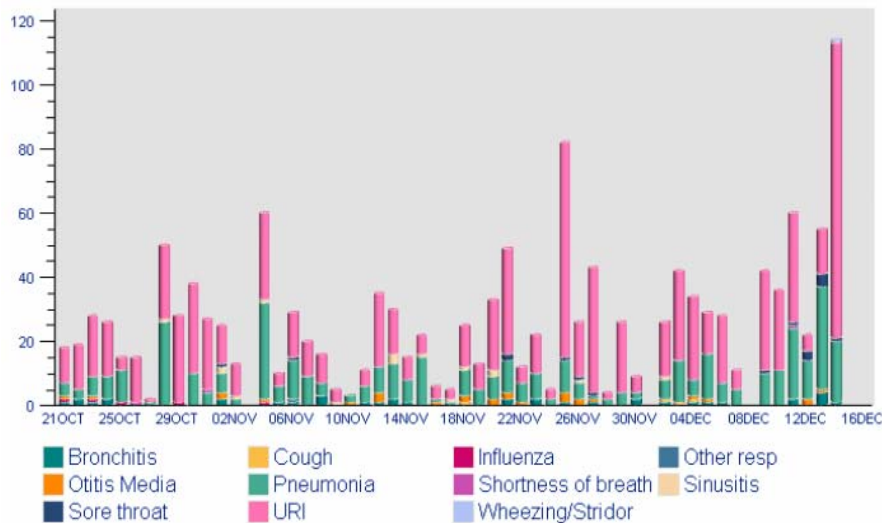


Facility_Name	DMIS_ID
1st MEDICAL GROUP	0120
MCDONALD ACH	0121
NMC PORTSMOUTH	0124
MONROE AHC	0372
NAS NORFOLK NRM/BC	0377
BMC LITTLE CREEK	0378
BMC NSY NORFOLK	0380
BMC YORKTOWN	0381
BMC DAM NECK	0382
BMC OCEANA	0387
PORTSMOUTH USCG CLINIC	0432
YORKTOWN USCG CLINIC	0433
AHC FT. STORY	0464
BMC LAFAYETTE RIVER	0505
BMC NAVSTA SEWELLS	0508
BMC CHESAPEAKE	0519
NAVY NAVCARE CLINIC NORFOLK (1)	6204
TRICARE OUTPATIENT CLINIC VA BEACH	6214
TRICARE OUTPATIENT CHESAPEAKE	6221
BMC WALLOPS ISLAND	7017
1st AIR TRANSPORTABLE HOSPITAL	7056

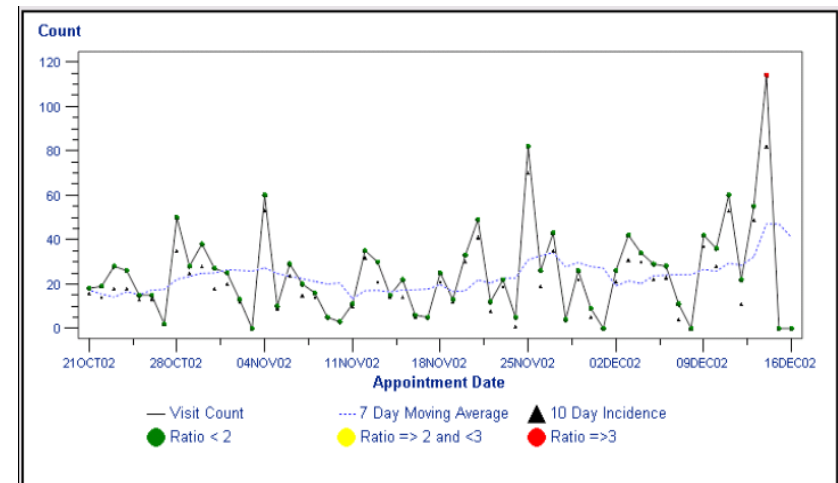




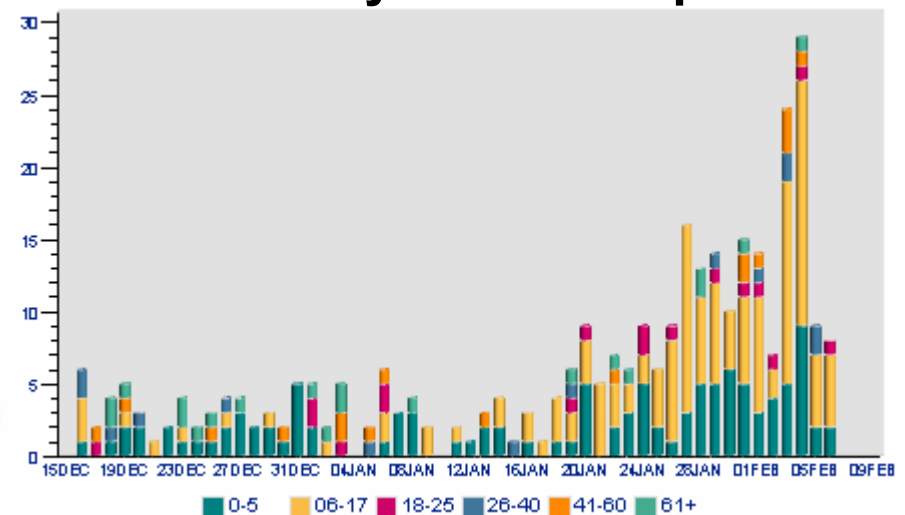
## Visits by Age Group



## Daily Number of Visits



## Visits by ICD9 Group



## 4. Identify abnormal trends

- Alert detection models
  - Statistical algorithms
- Visual tests





# Statistical models used for alert detection in ESSENCE

- Exponentially Weighted Moving Average (EWMA)
  - Predictions based on exponential smoothing of previous several weeks of data
  - Recent days have highest weight
- Autoregression (AR)
  - Predictions based on past several weeks of data
  - Incorporates and adjusts for day of the week and holiday trends
- SatScan
  - Detects geographic clusters by comparing number of cases within overlapping circles



# 5. Privacy protection

- HIPPA
- De-identified data
- Password protection
- Secure website



## 6. Evaluation of data sources

- Comparison to gold standards
  - Chart review
  - Sentinel studies
- User feedback



# Using ESSENCE architecture to survey for other problems

- Mental health visits and anxiety medication
- Sexually transmitted diseases
- Reportable diseases
- Military Disease and Non-battle Injury (DNBI)

